

Borough of Taniworth



ANNUAL REPORTS

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Medical Officer of Health

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Soulor Public Health Inspector

Firm in Your anded 314 December, 1963

PUBLIC MEALTH DEPARTMENT,
5 LABY WATE,
TAMWORTH





Borough of Tamworth

ANNUAL REPORTS

of the

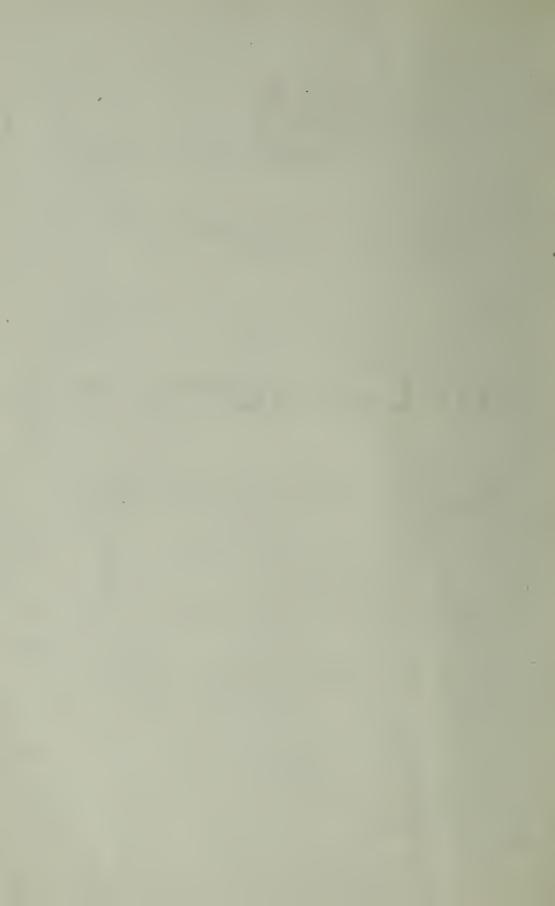
Medical Officer of Health

and the

Senior Public Health Inspector

For the Year ended 31st December, 1963

PUBLIC HEALTH DEPARTMENT, 9, LADY BANK, TAMWORTH.



Borough of Tamworth

HEALTH AND HOUSING COMMITTEE

Councillor A. Marriott, Chairman.

Councillor R. W. F. Walton, Vice-Chairman.

Alderman E. A. Courts

R. M. Turner

Alderman H. V. Powell Councillor P. J. Dix (Mayor)

Councillor F. A. Jewsbury

, Mrs. K. E. Mugleston

., Mrs. L. Tricklebank

T. P. Kennedy

" S. Munn, Senr.

.. M. Wilcock

Medical Officer of Health:
A. Blench, L.R.C.P., L.R.C.S., L.R.F.P.S., D.P.H.
(Resigned 31st October, 1963)

I. D. McIntosh, M.A., M.B., B.Chir., D.P.H. (Commenced 1st November, 1963)

Senior Public Health Inspector: H. Birchwood, C.S.I.B., M.A.P.H.I., Cert. Insp. of Meat and Foods.

Additional Public Health Inspector: A. G. Toon, A.R.S.H., M.A.P.H.I. Cert. Insp. of Meat and Foods.

Student Public Health Inspector:
J. Thompson
(Commenced 28th October, 1963)

Clerk/Typist:
Mrs. E. M. Mason

ANNUAL REPORT

OF

THE MEDICAL OFFICER OF HEALTH

TO THE MAYOR, ALDERMEN AND COUNCILLORS OF THE BOROUGH OF TAMWORTH

Mr. Mayor, Ladies and Gentlemen,

I have pleasure in presenting the Annual Report on the Health of the Borough for the year 1963. I was your Medical Officer for only the last two months of that period so almost all the contents of the Report relate to the work of my predecessor.

It is probably as strange to you as it is frustrating to me that the Report for the year 1963 should come before you during the last part of 1964 at a time when minds turn to the year 1965 that lies ahead. There are several reasons for this, many understandable and some excusable, but they relate mostly to the fact that many of the figures and much of the information is gathered from sources outside the Health Department and channels of communication often seem to be sluggish. Allied to this is the unforeseen delay in the Registrar General's Department as they changed the manner of presentation of their data. I must also bear some responsibility for its lateness, and this is due to my changing the form of the Report so that its contents are presented in a style somewhat different from previous years.

It has never been very clear to me what is the purpose of the Annual Report of a Medical Officer of a Sanitary Authority. Statistics on acreage, inhabitated houses, and the product of a penny rate are of general interest to all but no particular interest to the Medical Officer of Health or Health Committee. Vital Statistics of the area again are of general interest to all and can throw light on to those aspects of health which are good or bad, but the Health Committee of a Sanitary Authority has few powers at its disposal to improve these except by recommendations for re-housing. Details of causes of death again are of particular interest to the medical profession and the epidemiologist but it is difficult to see how you yourselves can have much effect on them. The cure and treatment of Infectious Disease lies with clinical medicine rather than with the Health Committee. and the investigation of an outbreak of food poisoning has very little to do with the Committee itself but rests with the Medical Officer of Health and his staff. Again, details of immunisation are of concern to the Local Health Authority and the General Practitioner, but your role in this seems doubtful.

Details of housing are the concern of the Housing rather than the Health part of the Committee, and the Town's water supply is controlled by an organisation which has little direct responsibility to the Council. And finally, as we are not a Food and Drugs Authority, details of food sampling, though of interest

to us all, do not relate to your own functions.

I do not intend in any way to be cynical when I say that bound up with these comments on the report lies the whole question of the functions of your Medical Officer of Health. In years gone by there was a need for a man to improve the sanitary conditions of the population; when he was well-trained in Sanitary Engineering and had clinical duties both within and outside the local hospital, and when his assistants were not well-trained, it is easy to see that the Medical Officer of Health had a definite and useful function, but conditions now are quite different. There is no clinical work for him to do, his training shows him the problems of sanitary engineering in very little detail, and his assistants are far and away better trained in the sanitary aspects of health than he himself. At present the Medical Officer of Health seems to have eight functions:—

(1) The condemnation of bad housing.

(2) The investigation of applications for re-housing on medical grounds.

(3) The investigation and curtailing of outbreaks of communicable disease and food poisoning.

(4) The writing of an Annual Report.

- (5) The correcting of circumstances in which the various Public Health, e.g., Caravans and Clean Air Laws have been contravened.
- (6) General Welfare Work.

(7) Health Education.

(8) Replying to correspondence.

Bad housing and the Health Acts are the primary responsibility of the Public Health Inspector. A good Public Health Inspector does not need a Medical Officer of Health's advice in these matters since the modern Medical Officer of Health has less knowledge of them than his Public Health Inspector on these matters. Re-housing on medical grounds reflects the well-known fact that there are not enough houses to go round—the remedy lies simply in more money being spent on building—priorities could easily be judged by a points scheme based on the answers given to a questionnaire to be completed by both patient and his general practitioner. As the Medical Officer of Health's Annual Report is of far more interest to the County Medical Officer of Health, the Ministry of Health, and local doctors than to the Health Committee, this could well be abandoned at a local level; it seems strange that you should have to employ

somebody to write a report, a large part of the contents of which have no relevance to your own functions. The Report of the Senior Public Health Inspector is, however, still of value to you. It is doubtful whether the investigation of the very rare outbreak of disease by the Medical Officer of Health is conducive to good investigation or efficient results; a County or Regional Department for this purpose, with full investigative and laboratory facilities, would be much more efficient—in Tamworth here we have to send samples and swabs for analysis to Stafford; there is a wealth of epidemiological studies to be undertaken in any community but at present these are done by a few doctors who have the time and interest, and I doubt whether you would wish to equip and furnish a department for this purpose at your own expense.

This leaves only Welfare Work, Health Education, and correspondence, and I would seriously suggest that it does not take a six-year trained doctor to be a Welfare Worker nor a Health Education Officer, and all the correspondence can be answered by a good secretary if necessary with the help of the

Public Health Inspector.

I submit, therefore, that all the present functions of a small Sanitary Authority Medical Officer are already being done, or would be better done, by others. Health Education and Welfare Work are probably the most important aspects of his work for the future, and he would more usefully be replaced by a full-time Health Education Officer or Welfare Officer, or both. If the Council wanted opinions on medical problems I see no harm in its co-opting a local practitioner on to the Health Committee; but the compulsory expenditure of £400—£500 a year on retaining the salaried services of an official who by his very training and outlook can never become truly a part of the Town's government in the same sense as is the Town Clerk, Treasurer, or Surveyor, seems misuse of money which could be used far more wisely, would the Central Government allow it?

I have meant this introduction to be neither a threat nor a grumble but a personal and, I hope, logical look into the nottoo-distant future. A larger Borough, of course, under the present system of distribution of medical labour would warrant a Medical Officer of Health with delegated Health and Welfare functions (60,000 population) and with a smaller increase to 40,000 the Borough would be eligible to act as a Food and Drugs Authority, but even these circumstances would not affect the problems of the Sanitary duties which will remain until there is more inevitable re-thinking on Sanitary Administration.

I have no further remarks to make on my part of the Report as comments and explanations are included in the text.

I. D. McINTOSH, Medical Officer of Health.

STATISTICAL SUMMARY FOR THE YEAR 1963

Area in Acres	•••	•••	•••	•••	• • •	2,678
Registrar Genera	l's estima	ite of res	ident po	pulation		15,370
(Censu	ıs, 1961)					13,555
(Censu	ıs, 1951)	•••	•••			12,889
(Censu	ıs, 1931)					11,711
(Censu	ıs, 1921)		•••			8,032
Number of Inha			d of 1968	3) accord	ing	
to Rate B	ooks	•••	•••	•••	• • •	4,651
Number of Inhab	ited Hou	ses (Cens	us, 1951)			3,688
Number of Inhab	ited Hou	ses (Cens	us, 1931)			2,785
Persons per Acre		•••		•••		5.7
Rateable Value—	-April				£	597,080
Product of 1d. Ra	te (Estim	ated 196	3/64) .			£2,400

VITAL STATISTICS

Live Births—				
		Male	Female	Total
Legitimate		125	123	248
Illegitimate		8	4	12
	Total	133	127	<u>260</u>
Birth Rate (Total live	births per	1,000 pop	ulation)	16.9
Illegitimate Live Birth	s(per cent	. of total	live births)	4.6
Stillbirths				
		Male	Female	Total
Legitimate	•••	2	_	2
Illegitimate	•••		_	
	Total	2		2
Total Live and Stillbi	rths	•••		262
Stillbirth Rate (per 1,0	00 live and	d stillbirth	ns)	7.6
Infant Deaths (Deaths	under one	year)		
		Male	Female	Total
Legitimate		4	1	5
Illegitimate	•••	1	_	1
	7C . 1			
	Total	5	1	6

Early Neonatal Deaths	(Deaths 0-	—I week)	
		Male	Female	Total
Legitimate		2	1	3
Illegitimate		1	_	1
	Total	3		
	1 Ota1	3	l	4
Late Neonatal Deaths	(Deaths 1—	-4 weeks)	
	(Male	Female	Total
Legitimate				
Illegitimate		_		
O				
	Total			
Infant Death Rate				
(Deaths (0—1 year p	er 1,000	live births)	23.1
· ·	, 1		,	
Early Neonatal Death	Rate			
(Deaths ()—1 week	,, ,,	,, ,,)	15.4
Late Neonatal Death				
(Deaths 1	l—4 weeks	,, ,,	,, ,,)	0
	_			
Total Neonatal Death				
(Deaths ()—4 weeks	,, ,,	,, ,,)	15.4
Perinatal Death Rate				
	ns plus inf	onto dui	nm of lass	
	ne week p			
stillbir	ths)			22.9
Deaths from all Cause	es	37.	D.	
			Female	
Dooth Pata / 1 000	1 >	98	77	
Death Rate (per 1,000 p	opulation)	•••	•••	11.4

For your guidance some explanation of the terminology of the statistics might be helpful. The Infant Death Rate is a useful means of comparing the deaths of babies from one area to another—it is the oldest statistical device used for this purpose. The Total Neonatal Death Rate (0—4 weeks) was found to be a more sensitive index for showing the standard of care given to new-born babies in a community which in itself is reckoned to be representative of the standard of care throughout the community as a whole. This rate has recently been sub-divided into Early (0-1 week) and Late (1-4 weeks) Neonatal rates; children surviving for less than one week on the whole die from severe conditions with which they were born, e.g., congenital abnormalities; children surviving the first week and dying aged less than four weeks on the whole die from illnesses incurred after birth, and this late neonatal death is perhaps a more accurate indication of infant care. Perinatal Deaths (Stillbirths plus infants dying at less than one week) show those children who were too severely deformed to be born alive, or, if born alive, to survive, together with those babies who died as a result of misadventure during childbirth; these deaths are the subject of a large and recently published survey, and are a partial indication of the standard of care given to mothers and babies during pregnancy and labour.

Table I. shows the figures for population, live births, and

deaths in the Borough for the past 10 years.

I.

Year	Estimated mid-year population	Live Births	Deaths
1954	13,270	204	174
1955	13,360	192	176
1956	13,350	212	209
1957	13,350	182	186
1958	13,370	183	177
1959	13,430	195	152
1960	13,600	227	193
1961	13,590	187	184
1962	13,780	214	180
1963	15,370	260	175

This is the first year in which the Borough's expansion, by taking "overspill" population from Birmingham, has begun to show itself in figures, firstly by an increase in population from 1962 of 1,590, and secondly by the largest number of births to Borough residents during the previous 10 years. In spite of this the number of deaths has remained constant, or even declined slightly and reflects both the youth of those who have newly come into the Borough and also the apparent increasing longevity of Borough residents.

Table II. shows various birth and death rates for the same period in the Borough:—

H.

Year	Live birth rate	Illegitimate live-births (% of total live-births)	Still birth rate	Neonatal death rate	Perinatal death rate	Infant death rate	Death rate
1954	15.3	3.9	9.7	24.5		44.1	13.1
1955	14.4	1.6	20.4	10.4		15.6	13.2
1956	15.8	1.4	23.0	18.9	_	19.0	15.6
1957	13.6	1.6	26.7	16.5		38.4	13.9
1958	13.7	3.8	41.8	16.4		21.8	13.2
1959	14.5	5.6	57.9	20.5	_	20.5	11.3
1960	16.6	5.7	21.5	13.2	_	13.2	14.2
1961	13.7	5.3	20.9	26.8		32.1	13.5
1962	15.5	2.8	13.8	_	_	9.3	13.0
1963	16.9	4.6	7.6	15.4	22.9	23.1	11.4

In conformity with the rest of England and Wales, Tamworth recorded its highest birth rate since the war, and almost its lowest death rate. Particularly pleasing was the low stillbirth rate which has now fallen for four years, and even though based on small numbers can only indicate the increasing care and attention given to women while pregnant and during labour.

Also to be noted is the marked rise in the percentage of children who have been born illegitimate over the past six years. This again follows the national pattern. Whatever one's views on the morality of this, and it seems that the national conscience is becoming more tolerant (at the time of writing this report the Family Planning Association have advocated the setting up of Youth Advisory Centres to deal with contraception for unmarried people), it should be remembered that the illegitimate child is at particular risk of having a bad start in life. Where his parents are living together happily, or he is placed for adoption, then he is no more at risk than the rest of us, and stands a better chance than a child born into an unstable marriage; where, however, his mother has to fend for herself, or he is brought up by relatives in a bad home, his chances of having a normal and happy start to his life would seem to be remote.

Table III. shows how the Borough figures, after being adjusted by the Registrar General's Local Comparability Factor, compare with those for England and Wales for 1963.

	Live	Still	Perinatal	Neonatal	Infant	
	birth rate	birth rate	death rate	death rate	death rate	Death rate
Tamworth M.B.	17.6	7.6	22.9	15.4	23.1	9.5
England & Wales 1963	18.2	17.2	29.3	14.2	21.2	12.2

It is again to be remembered that Tamworth's figures are based on small numbers and, therefore, comparative comments are without much value; it seems, however, that our figures are neither much better nor much worse than those for the country as a whole.

CAUSES OF DEATH

Table IV.A shows how 1963 deaths compare with those of the previous five years:—
IV.A

Tuberculosis, respiratory	1 4 1								
Tuberculosis, respiratory								1963	
Tuberculosis, respiratory		1						Sign	
Tuberculosis, respiratory		- m		777	=	E 2	es	ra]	<u>_</u>
Tuberculosis, respiratory		92 ge	ots 359	96(of 19	ot; 962	[a]	em	ğ
Tuberculosis, other		HH	164		H 22	H	≥	<u> </u>	_I
Syphilitic disease —			1	I —	1	1	1		1
Diphtheria - <t< td=""><td>Tuberculosis, other</td><td> </td><td><u> </u></td><td>1</td><td> —</td><td></td><td> —</td><td><u> </u></td><td> -</td></t<>	Tuberculosis, other		<u> </u>	1	—		—	<u> </u>	-
Whooping Cough —				_	-	_	—	1	
Meningococcal infections — <td></td> <td> </td> <td></td> <td></td> <td></td> <td></td> <td></td> <td> </td> <td></td>									
Acute Poliomyelitis		i —	_				-		l —
Measles -	-	-	_	_		<u> </u>		_	_
diseases	Measles		_	_	i —	<u> </u>			i —
Malignant Neoplasm, stomach bronchus 5 2 5 6 6 2 — 2 Malignant Neoplasm, breast Malignant Neoplasm, uterus 3 1 3 5 1 — 4 4 Malignant Neoplasm, uterus — 2 1 — — — 2 2 Other malignant and lymphatic neoplasms . 14 6 17 19 17 9 13 22 Leukæmia, aleukæmia . <									
Malignant Neoplasm, lung, bronchus 3 4 9 3 6 5 — 5 Malignant Neoplasm, breast Malignant Neoplasm, uterus — 2 1 — — — 4 4 Other malignant and lymphatic neoplasms 14 6 17 19 17 9 13 22 Leukæmia, aleukæmia 1 2 3 —			_			_	_	—	_
Dronchus		Э	Z	Э	О	0	Z		1 4
Malignant Neoplasm, breast Other malignant and lymphatic neoplasms 3 1 3 5 1 — 4 4 Malignant Neoplasms uterus — 2 1 — — 2 2 2 1 — — 2 1 —		3	4	9	3	6	5		5
Other malignant and lymphatic neoplasms 14 6 17 19 17 9 13 22 Leukæmia, aleukæmia 1 2 3 — 1 1 1 — — — — 2 2 1 0 — — 2 2 1 0 0 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 <td>Malignant Neoplasm, breast</td> <td></td> <td>_</td> <td>3</td> <td></td> <td>1</td> <td>_</td> <td></td> <td> 4</td>	Malignant Neoplasm, breast		_	3		1	_		4
Symphatic neoplasms			2	1	-			2	2
Leukæmia, aleukæmia 1 2 3 — 2 2 1 0 — — 2 2 2 1 0 — — 2 2 2 2 1 0 — — 2 2 2 2 1 0 1 1 1 0 1		14	6	17	19	17	q	13	22
Diabetes 1 — 1 — 3 — 1 1 Vascular lesions of nervous system					_	_			
system 20 33 34 24 28 12 10 22 Coronary disease, angina	Diabetes	1				3		1	1
Coronary disease, angina 24 29 27 19 33 14 10 24 Hypertension with neart disease 1 19 17 16 2 2 Other circulatory disease 1 1		00	00	0.4	0.4	0.0	10	10	00
Hypertension with heart disease									
Cother heart disease Cother heart disease Cother heart disease Cother heart disease Cother circulatory disease Cother disease Cother diseases Coth	Hypertension with heart	21	23	21	10	55	11	10	2.1
Other circulatory disease 23 7 14 19 14 10 5 15 Influenza	diagnas		_ i				.—		2
Influenza									
Pneumonia 10 13 14 16 7 4 3 7 Bronchitis 7 3 8 9 14 8 4 12 Other diseases of respiratory system	Uther circulatory disease						10	<u> </u>	15
Bronchitis 7 3 8 9 14 8 4 12 Other diseases of respiratory system 1 1 4 2 2 Ulcer of stomach & duodenum Gastritis, enteritis & diarrhea 1 2 3							4	3	7
system Ulcer of stomach & duodenum 3 2 1 2 3 - - - Gastritis, enteritis & diarrhea - 1 -	Bronchitis	7		8	9	14	8	4	12
Ulcer of stomach & duodenum 3 2 1 2 3 — — — Gastritis, enteritis & diarrhœa - 1 —<				1		4	9		9
Gastritis, enteritis & diarrhœa — 1 —	System	3	2						
Nephritis and nephrosis		_		_ 1	_	_	_	_	
Pregnancy, childbirth, 1 — <td>Nephritis and nephrosis</td> <td></td> <td></td> <td>1</td> <td></td> <td>- </td> <td>_</td> <td>_</td> <td>_</td>	Nephritis and nephrosis			1		-	_	_	_
abortion	Hyperplasia of prostate	3	1	_	1	1	1		1
Congenital malformations . 1 — — 2 1 1 — 1 Other defined and ill-defined diseases . <t< td=""><td></td><td>1</td><td> </td><td>_ </td><td>_</td><td> </td><td>_</td><td></td><td>_</td></t<>		1		_	_		_		_
Other defined and ill-defined diseases			_	_	2	1	1	_	1
$ \begin{array}{c ccccccccccccccccccccccccccccccccccc$	Other defined and ill-defined					10			
All other accidents $\begin{vmatrix} 3 & 2 & 3 & 2 & 1 & 3 & - & 3 \\ Suicide & . & . & . & . & 2 & 3 & 1 & 3 & 2 & 1 & 1 & 2 \\ Homicide & operations of war & - & - & - & - & - & 1 & - & 1 \end{vmatrix}$									
Suicide 2 3 1 3 2 1 1 2 Homicide & operations of war					2		3	_	3
Tronnetae & operations of war	Suicide		3		3		1	1	2
	Homicide & operations of war				_				
Totals, all causes 177 152 193 184 180 98 77 175	Totals, all causes	177	152	193	184	180	98	77	175

The Registrar General now sends to all Authorities their causes of death classified by age and sex. This is reproduced complete in Table IV.B. Although at first glance more complicated than the previous Table IV.A, it is of much more value and is to be welcomed.

Table IV.B.

Causes of death at different periods of life during 1963:

		ses	er eks	4 weeks and under 1 year	AGES IN YEARS								
	Sex	Total albages	Under 4 weeks	4 wee	1	5—	15—	25—	35—	45—	55—	65—	75 +
Tuberculosis, respiratory	MF	1	=									1	
Malignant Neoplasm, stomach	M	2			_				_	_	1	1	 _
Malignant Neoplasm, lung, bronchus	M	5	_	_	_	_	_	<u> </u>	_	_	3	2	_
Malignant Neoplasm, breast	M	<u>-</u>	_	_	_	_	_			=		<u>_</u>	<u></u>
Malignant Neoplasm, uterus Other malignant and	F	2	_	_	_	_		_	-	-	1	1	_
lymphatic neoplasms	M F M	9 13	_		=	1	_	1		$\frac{1}{2}$	6	5	1 4
Vascular lesions of nervous system	F	1 12			_		_			1	1	1 4	— 6
Coronary disease angina	F M F	10 14 10	<u> </u>	_	=	_		_	<u></u>	1 _	5 1	3 5 7	5 3 2
Hypertension with heart disease	MF	$\left \frac{1}{2} \right $	_		_		_	_	_	_		-	_
Other heart disease	M	15			\equiv				1 1	1	1	6 4	2 6 7
Other circulatory disease	MF	10 5			_	_				_	<u> </u>	3	7
Pneumonia	MF	4	_	_		_	_		_	_	1	_	3
Bronchitis	MF	3 8 4			_	_	_	_		2	_	4	7 3 3 2 2
Other diseases of respiratory system	M	2		_	_	_	_	_	_	_	1		1
Hyperplasia of prostate Congenital malforma- tions	M	1	_	_	_	_ _		_	_	_	1	_	_
Other defined and ill-defined diseases	F	6	2	_		_	1				1	1	1
Motor vehicle accidents	F M	9 3	1	=	=	=	<u></u>	=		1	=	2 1	6
All other accidents	F M	$\begin{vmatrix} 1 \\ 3 \end{vmatrix}$		1	_				1	1			1 —
Suicide	F M F	1 1										<u></u>	1
Homicide and operations of war	M M	1	1		_	_		_		_			_
Total all causes	M	98	3 1	2	_	1		1	3	7 4	16 10	33 24	31 36

I have extracted some information from Table IV.B and have included it in Table V. below:—

V.

	Babies 0-1 yrs.			Children 1-15 yrs.			Working age 15-65 yrs.			Retired 65+			All Ages		
Causes of death	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total	Male	Female	Total
All causes	5	1	6	1	0	1	28	16	44	64	60	124	98	77	175
Malignant conditions only	0	0	0	1	0	1	6	10	16	9	9	18	16	19	35
Vascular and Heart Disease only	0	0	0	0	0	0	11	5	16	40	34	74	51	39	90

Deaths at Working Age

25.2% of all deaths were of men and women of working age. This means that 44 (28 men and 16 women) people died at an age when their families could least afford to lose them.

Deaths of Retired Persons

70.8% of all deaths were of people who had passed retiring age.

Deaths from Malignant Conditions, i.e. Cancers

There were 35 deaths from Cancer and similar conditions, and this represents a figure of 20% of all deaths (16.3% of male and 24.7% of female deaths). Included in these were five deaths from Lung Cancer (three men aged 55-65 years, and two men aged 65 and over).

Vascular and Heart Disease

There were 90 deaths in this group. These are the men and women who died of Strokes, Heart attacks and other diseases of the Heart and Blood vessels, and they represent 51.4% of all deaths in the Borough (52% of male and 50.7% of female deaths). Of these 90 deaths, 16 occurred in the working age groups and 74 in the retired group. Similarly 36.4% of all deaths in the working age group and 59.7% of all deaths in the retired age group were due to Heart or Vascular disease.

These figures compare with those for the Country as a whole.

Thus over half the deaths in the Borough were caused by disease of the Heart or Blood vessels—a group of disorders whose reputed causes remain legion and which for many years will continue to exact their high toll.

It is customary these days to speak of preventable deaths, that is, those deaths which, in theory, should never have occurred either because they were criminal or due to carelessness, or because the underlying disease should never have been conracted, or was eminently curable. Into these categories can be placed 12 deaths during the year, that is 6.8% of all deaths in the town. Four people died in motor vehicle accidents, three in other accidents (two of them at work), two people committed suicide, and there was one death as the result of homicide; similarly one person died from Respiratory Tuberculosis, a disease which should never be caught in this day and age as the means of prevention are well-known if not always well-applied, and one person died from a disease which should have been obvious to herself and to her friends and neighbours (if she had any) and for which there is a very effective treatment.

It is very probable that, hidden away in all the other death statistics for the town, there are people who really ought not to have died during the year. The very cold weather at the beginning of the year almost certainly "carried off" a few old men and women whose homes were not properly heated, and it is also possible that one or two of the unfortunate women who died of cancer of the breast or womb need not have succumbed if they had recognised, or sought advice for, the early symptoms of their illnesses—that is the lumps in the breast, or the unusual vaginal bleeding. There are, no doubt, others who could have lived longer if they had paid more attention to their health, for example by not smoking cigarettes, or keeping their weight down. Although death is inevitable for all of us, it seems unnecessary and sometimes even selfish, if we have dependants,

to go before it is absolutely necessary.

14

TUBERCULOSIS

New Cases and Mortality during 1963

	N	EW	CASE	S		DEA	THS	
Age Periods	Pulmonary		No Pulm	n- onary	Pulm	onary	Non- Pulmonary	
1 BALOBO	М	F	M	F	М	F	М	I.
0 – 1	_	_		_		_	_	_
1-5	_	_	_	_	_	—	_	_
5-15	_	_		_		_		-
15-25		-	—	:	_	_	—	<u> </u>
25-35		-	_	_	<u> </u>		_	—
35-45		_	2	_				
45-55		_		_	_			l —
55–6 5	- 1	_	_	-	_			—
65 & over	_	_	_	_	1	_	-	-
	1	_	2	_	1		_	_
Totals		1	2			1	-	

Tuberculosis still remains largely a disease which is most prevalent in those people who live under what can be vaguely described as bad social circumstances, which includes poverty, overcrowding, and slum dwelling.

The keeping of a Tuberculosis register by Local Authorities is now no longer mandatory, but we continue to do so as it is sometimes of help. Names are entered on to the register on receipt of notification by a general practitioner or Chest Physician; these can either be fresh cases, or cases already suffering from the disease who have newly moved into the Borough. Names can be removed either by a person leaving the Borough (we do not generally know about this), or by death (which we check by looking at all death notifications that we receive weekly), or by notification by the Chest Physician or Tuberculosis Health Visitor, that the person is now cured. It is seldom that we hear this from the latter two sources, and it will, therefore, be appreciated that it is much easier to get on to the register than be removed from it. Although there are probably a few people in Tamworth suffering from Tuberculosis who are unknown to medical sources, it is very likely that all known cases are in the register since Tuberculosis is still a notifiable disease, but it is also probable that there are still some names in the book which should no longer be there. No very useful purpose would be served at present by checking every entry to see whether it is still valid, but some interesting observations are possible by a study of the register which are shown in Table VII.

VII.

		1959		1960				1	961			1	.962		1963			
		Persons on Register	New Cases	Inward Transfers	Removals	Total additions during year	New Cases	Inward Transfers	Removals	Total additions during year	New Cases	Inward Transfers	Removals	Total additions during year	New Cases	Inward Transfers	Removals	Total additions during year
Pulmor	nary									 								
	M	35	5	1	1	5	3	2	2	3	. —	3	_	3	1	4	_	5
	F	32	1	3		4	4	_	_	4	-	5	_	5	_	3	1	2
Non- Pulmor	nary																	
	М	6	_	_	_	_	1	_	2	-1	_	1	_	1	2		_	2
	F	-	1	_	-	1	_	_		_	_			_	_	_	_	<u> </u>
Totals		73	7	4	1	10	8	2	4	6	_	9		9	3	7	1	9
No. on registe end of	r at year	73				83				89				98				107

An analysis of cases placed on the register during the past four years (see Table VIII.)

VIII.

	Inward 7	New cases arising in Tamworth	
	From Birmingham	m Taniworth	
1960	2	2	7
1961	2	_	8
1962	6	3	<u></u>
1963	5	2	3
Totals	15	7	18

shows that 22 were Inward Transfers from Birmingham and and elsewhere and 18 were cases arising in Tamworth itself either amongst people resident for some time or amongst people recently come to the town. From the end of 1959 until the end of 1963, the Borough's population increased by about 2,250, of which figure 186 was an excess of births over deaths; of the remainder, about 2,050, all must have immigrated into the town. The prevalence, therefore, of Tuberculosis amongst immigrants as they came to the town was 22:2,050 or approximately 1:90 or 95. All the remaining cases on the register, 85 in number, were cases already existing in, or newly notified in, Tamworth as a whole, older and newer residents alike, about 15,500 in all at the end of 1963. The prevalence, therefore, of Tuberculosis amongst residents was 85:15,500, or 1:180 approximately. Thus it seems not only that more than 1% of all people coming to live in Tamworth were under supervision or receiving treatment for Tuberculosis, but also that Tuberculosis was twice as common amongst immigrants than amongst residents during the same period. I can read nothing particularly sinister into these figures except to suggest that they reflect the bad social conditions from which people are escaping when they come to live in Tamworth. There has been no marked rise in the number of new cases of Tuberculosis, which suggests that the imported tubercle bacilli have not been able to make any marked impression on the rest of the community. A close watch, however, should be kept on new notifications in order to make sure there is no sign of an increase.

NOTIFIABLE INFECTIOUS DISEASES OTHER THAN TUBERCULOSIS

The following table shows the number of cases of infectious diseases, other than tuberculosis, notified during the year, and also shows, for comparison, the number of cases notified in each of the preceding ten

Total 1963	5 2	179
Total 1962	1	43
Total 1961	12	359
Total 1960	12] 4 \(\tau \) 0 \(\tau \)	48
Total 1959		27
Total 1958	29 146 1166	191
Total 1957	4	120
Total 1956		29
Total 1955	111 1 1 1 1 1 1 1 1 1	342
Total 1954	7 12 15 17 17 17 17 17 17 17	73
Total 1953	21 21 16 16 76	181
		:
Disease	Smallpox Scarlet Fever Diphtheria Enteric Fever (including I typhoid) Puerperal Fever Pneumonia Erysipelas Erysipelas Ercephalitis Lethargica Cerebro-spinal Fever Acute Poliomyelitis Ophthalmia Neonatorum Whooping Cough Measles Meningococcal Infection Food Poisoning Dysentery	Totals

FOOD POISONING Food Poisoning Notifications (corrected) returned to R.G. 1st Quarter 2nd Quarter 3rd Quarter 4th Quarter	er
Total, —	
Outbreaks due to Identified Agents: Total outbreaks, Nil. Total Cases, Nil.	
Outbreaks of Undiscovered Cause:	
Total outbreaks, Nil. Single Cases: Total Cases, Nil.	
Agent identified, Nil. Unknown causes, Nil. Total, Nil.	
DIPHTHERIA IMMUNISATION	
Born in 1963 1962 1961 1960 1959 1954-58 1949-53 Tota	a'l
(a) Number of children who completed a full course of pri-	••
mary immunisation during 1963 22 39 17 1 — 2 — 83 (b) Number of children who received a re-	1
inforcing injection during 1963 → 1 7 — 1 9 — 18	8
WHOOPING COUGH IMMUNISATION Number of children who received a primary course of pertussis vaccine (singly or in combination) during 1963 22 39 17 1 — 2 0 83	1
SMALLPOX VACCINATION	
(Age) Under 1 1 2-4 5-14 15 & over Total Vaccination 3 8 4 — 4 19 Re-vaccination — — — 4 4)
TETANUS INOCULATION	
(either singly or in combination) 0-4 5-14 Total	¥Ι
Initial 81 2 83 Reinforcing 7 11 18	
POLIOMYELITIS VACCINATION I am sorry that figures relating to individual district within the Area are still not available as records are kept in form most convenient for County and Ministry Returns. The following information may, however, be of interest to you:— Total number of persons in the Area who had completed a primary course of injections at 31-12-63 was	a e 2 8 9 0

X. **HOUSING**The following table gives details of the Council's post-war housing programmes.

	Faze	eley oad	Amii Ro	ngton ad	Gill	lway	Boi Est	ehali tate	Lich Str	field eet	Bolek Str	ridge eet	Ley	fields	Moor St.
Ī	No.	No. of Dwellings Completed	Nc. of Dwellings Allocated	No. of Dwellings Completed	No. of Flats Allocated	No. of Flats Completed	No. of Dwellings Allocated	No. of Dwellings Completed	Allocated						
1947	66	42	52	-	-	-	<u> </u>			_		_	-	-	_
1948	40	24	52	26	<u> </u>	-	-	<u> </u>	_	-	—	_	-	-	_
1949	60	2	—	78	_	-	i —	_	_	_	_		_		_
1950	84	76	-		_	-	-	_	_	_	<u> </u>	_	-	-	_
1951	_	106	_		146	_	-	_	-	_	_	_	-	-	_
1952	-	_	-	_	156	114	-	_	1 -4	-	_	_	_		_
1953	-	-	—	_	102	192	_	_	_	_	_	_	-	-	_
1954	-	_	_	_	100	92	_	_	_	_		_	l —	_	_
1955		_	_	_	_	86						_	_		_
1956	6	6	_		21	30	12	-	_	_		_	_	_	_
1957			_	! —	_	11	_	_	_	_	_ '	_	_	_	_
1958	-	_	_		_	_		12	68	_	76	_	_		
1959	_	-	_	_	-	_	_		_	68	l —	76	_	_	_
1960	_	_	<u> </u>	_	_	_		_	_	_	<u> </u>	_			_
1961	-		_	_		_	_	_		_	_	_	850	2	_
1962		_	_	_	-	l I —		-		_	_		_	406	_
1963	_] _	_	_	_	_	_	_		_	_	_	_	355	29
	256	256	104	104	525	525	12	12	68	68	76	76	850	763	29
Н	usin								Hot						

List at 1st January, 1963—	holders.	Lodgers.	Total.
Applicants residing in the Borough	n 207	167	374
Applicants residing outside Borough		178	430
	459	345	804
List at 31st December, 1963—			
Applicants residing in the Borough	n 216	188	402
Applicants residing outside Borough		220	499
	405	400	
	<u>495</u>	408	901

WATER SUPPLY

The following description of the Borough's Water Supply, as requested by the Ministry, has been supplied by the Engineer in Chief to the South Staffordshire Waterworks Company, to whom I am indebted.

- (a) The water supply to the area has been satisfactory in quality and quantity.
- (b) The supply to the Borough of Tamworth is derived from Hopwas Pumping Station and three pumping stations outside the boundaries of the Authority. Regular and frequent samples, both bacteriological and chemical, are examined from the pumping stations. Bacteriological samples of the water prior to chlorination are also examined.

During 1963, 223 samples of chlorinated water were examined. Of these 220 were free from all forms of coliform bacteria, as were 349 out of 363 samples of the raw water. Only traces of fluoride were present in the supplying stations' waters.

Nine samples were examined from the Company's District Office in Tamworth, and all were satisfactory. The average chemical results of these samples were:—

рН		7.4			
Alkalinity (CaCO3)		145	parts	per	million
Chlorides (Cl)		34.6	,,	,,	,,
Ammoniacal Nitrogen (N)	•••	Trace	,,	,,	,,
Albuminoid Nitrogen (N)	•••	Trace	,,	,,	,,
Oxidised Nitrogen (N)		7.6	,,	,,	,,
Oxygen absorbed (3 hr. at	27°C)	.12	,,	,,	,,
Temporary Hardness		139	,,	,,	,,
Permanent Hardness		108	,,	,,	,,
Total Hardness		247	,,	,,	,,
Iron (Fe)	•••	.02	,,	,,	,,
Manganese (Mn)	•••	Nil	,,	,,	,,
Zinc (Zn)	•••	Nil	,,	,,	,,
Copper (Cu)	•••	Trace	,,	,,	,,
Lead (Pb)		Nil	,,	,,	,,
Free Cl		Nil	,,	,,	,,

- (c) The waters are not liable to plumbo-solvency, all nine samples from the District Office being free from any detectable quantity of lead.
- (d) In cases of possible contamination, such as burst or damaged mains, emptying reservoirs, etc., emergency chlorination is performed, special apparatus and staff being available for this work. New mains, etc., are not brought into use until the water has been examined and proved satisfactory.
- (e) The number of houses with a piped water supply in the Borough of Tamworth at 31st December, 1963, was 5,220 and the number of houses supplied by means of an outside standpipe was eight only.

OPEN-AIR SWIMMING BATHS

Routine samples were taken during the summer months when the baths were open. Bacteriological analyses were all satisfactory. "Break-point" chlorination was used.

These baths are a very valuable health asset to the

Borough and are well patronised.

Labelling of Food Order, 1953.

Food and Drugs Act, 1955.

The following samples were obtained in the Borough by the County Sampling Officers:

MILK

Tuberculin Tested (Pasteurised) 14 Pasteurised Sterilised All were genuine.

GENERAL FOODS AND DRUGS

In all, 65 samples were taken of which one was found to be below standard:—

1. General Foods:

Asthma Remedy Abricona Sauce Asparagus Tips Bread and Butter Baked Beans with Sausages **Buttercrisp Biscuits** Beef Chipolatas

Butter Shortbread Chocolate Whisky Bottles

Casserole Meat Corned Beef Cut Mixed Peel

Compound Raspberry Leaf

Tablets

Concentrated Natural Vitamin Capsules

Beradryzl

Calamine and Lotion

Chicken Stock Cubes Draught British Sherry Formamint Tablets

Gin (8)

Ginger Beer

Ginger Beer Shandy Ground Almonds

Horseradish and Beetroot

Hæmatinic Compound with

Liver Extract

22 B/T Formal.

Casserole Meat: Contained 75% meat, 25% gravy and should be described as Casserole Meat with Gravy. (Awaiting decision of Food Standards Committee on tinned meat.)

Instant Coffee India Beef Curry India Chicken Curry

Ice Lolly Syrup Lemon Curd Lychnes in Syrup

Lemon Jelly Marmalade Malt Vinegar

Minced Meat

Madeira Cube Mix

Potato Flakes Pork Sausage (2) Pork Chipolatas

Polymiamin Tonic Tablets

Rum Butter Slimming Biscuits

Spaghetti with Meat Balls

Tea

Table Jelly Tonic Tablets Vitamin Drops

Vitamin and Iron Supple-

ment Whisky (8) Yogfruit Red Salmon

ANNUAL REPORT

OF

THE SENIOR PUBLIC HEALTH INSPECTOR

To the Chairman and Members of the Health and Housing Committee.

Mr. Chairman, Ladies and Gentlemen,

HOUSING

During the year 103 houses have been dealt with under the various provisions of the Housing Act, 1957, as follows:—

Sections 16—17 Clearance Orders		1
Demolition Orders	• • •	23
Cleraance Orders Confirmed:		
Upper Gungate No. 1 Clearance Order		3
Upper Gungate No. 2 ,, ,,		7
Amington Road No. 1 ,, ,,		4
Fazeley Road No. 1 ,, ,,	• • •	2
Orders submitted and awaiting confirmation:		
Peel Street Clearance Order		35
Brewery Lane Compulsory Purchase Order		28
		103
	_	103

Housing Repairs and Rent Act, 1954. House Purchase and Housing Act, 1959.

Fifty-three applications were received for grants to improve properties, 51 of these were for Standard Grants.

Rent Act, 1957.

No applications for certificates of disrepair were received during the year.

SANITARY ACCOMMODATION

The number of types of closet accommodation existing at the end of the year is as follows—

			No. of		Per cent.
No. of	No. of	No. of	Water	Per cent.	Water
Houses	Privies	Pails	Closets	Dry	Closets
4,651	6	34	5,594	0.71	99.29

The privy and pail type of closet are in the rural parts of the Borough where no sewer is available.

There are approximately 20 premises served by a system of drainage discharging to cesspools.

INSPECTIONS

The following statement shows the number of visits and inspections to various classes of premises.

Visits and Inspections		Number
Inspection of drains of old property	•••	32
Other inspections of existing property		224
To work in progress		219
,, test drains and sanitary fittings		17
,, premises re infectious diseases		7
,, tuberculous cases	•••	3 9
,, respecting disinfection	•••	9
,, cowsheds, dairies and milkshops		31
,, bakehouses	•••	27
,, slaughterhouses	•••	562
,, manure steads	•••	2
,, factories	•••	22
,, outworkers' premises		6
" shops re Shops Acts …		187
,, ,, re Meat Regulations		62
,, food inspection	•••	182
" offensive trades	•••	_
Miscellaneous visits	•••	124
Housing Acts	•••	267
Caravans	•••	53
Rodent Control		357
		0.000
		2,393

COMPLAINTS

Nature of Complaint				Number Received
Choked passage drain				15
,, sink waste pipe				5
,, water closet				24
yard drain			•••	9
Defective water closet basin			•••	3
,, dust bin				99 -
,, wall and ceiling pl	aster			24
,, house roof	•••			20
,, windows	•••	•••		12
,, kitchen sink				2
,, cooking range		•••		1
floors		***		15
,, doors and frames		•••		3
,, wash-houses and w	ashing	coppers	•	1
,, yard surface		•••		4
,, walls		•••	•••	24
,, gutters			•••	14
,, drains		•••	•••	16
Dampness of house				39
Accumulation of refuse		•••	•••	13
Dirty house		•••	•••	
General insanitary conditions		•••	•••	$\frac{2}{2}$
House infested with vermin		•••	•••	4
Nuisance from keeping anima		•••		4 2 2
Accumulation of manure		•••		$\overline{2}$
Rat infested premises				134
Emission of smoke				5
Miscellaneous				59
				553

To secure the abatement of these defective conditions, 94 informal notices were served.

FACTORIES ACT, 1937—1961

				Mumbor of	
	Number	ber		INGILIDAT	OI
Premises	on Register		Inspections	Written	Occupiers prosecuted
(i) Factories in which Sections 1, 2 3, 4 and 6 are to be enforced by Local Authorities	. y		80		l
(ii) Factories not included in (i) in which Section 7 is enforced by the Local Authority	n 103	m	14	ro	. 1
(iii) Other Premises in which Section 7 is enforced by the Local Authority (excluding outworkers' premises)	.: 4- aal		ı	ı	1
Total		3	22	5	
	Number	Number of cases in which defects were found	nich defects w	vere found	Number of Cases in
Particulars	Found	Remedied	Ref To H.M. Inspector	Referred By H.M. Inspector	which prosecutions were instituted
Sanitary Conveniences (S.7) (a) Insufficient	73	2	1	1	ı
(b) Unsuitable or defective	T	1	1	1	1
(c) Not separate for sexes	-	1	1	ı	1
Total	3	3			
Six persons were returned as Outworkers under the Act and these were engaged on wearing	as Outwo	rkers under	the Act and	these were	engaged on wearing

Six persons were returned as Outworkers under the Act, and these were engaged on wearing Visits were made and in each case the home conditions were considered suitable. apparel.

FOOD HYGIENE (GENERAL) REGULATIONS, 1960.

There are twenty-three butchers' shops, six bakehouses and thirty-four food preparing premises in the Borough.

Routine visits have been made during the year and together with the requirements of the above Regulations and in the face of everyday competitive trading, purveyors of foodstuffs are improving their premises.

DAIRY FARMS, DAIRIES, RETAIL PURVEYORS OF MILK

Cowkeepers	•••	 6
Dairies		 2
Retail Purveyors		 12

The Borough of Tamworth is included in a Specified Area and all dairymen who retail milk in the Borough must sell milk under special designation. The special designations authorised to be sold are "Pasteurised," "Sterilised" and "Tuberculin Tested."

All retailers obtain their supplies so treated and bottled from wholesalers outside the Borough.

PREVENTION OF DAMAGE BY PESTS ACT, 1949

An employee of the Council is trained and engaged in part-time rodent control work.

Three hundred and fifty-seven inspections were made and 134 premises were found to be infested. The facilities provided by the Council were made available to the owners or occupiers and the infestations were successfully treated by prebaiting and poisoning.

Half-yearly treatment of the sewers and periodical treatment of the Council's refuse disposal tip has been carried out.

SANITARY SUPERVISION OF PLACES OF AMUSEMENT

The cinema and other places of entertainment have been periodically inspected with regard to the sanitary accommodation.

The managements have been found anxious to maintain the conveniences in a satisfactory condition, and any defects found have at once been remedied.

PUBLIC HEALTH (MEAT) REGULATIONS, 1924-1935

Slaughter of Animals Acts, 1933-1958.

There are two licensed slaughterhouses in the Borough which are used by five butchers.

The following animals have been killed:—

	•	Cattle.	C	Calves.		Sheep.		Pigs.	
1962		758		19		1,988		2,538	
1963	•••	764		11		1,771	•	2,580	
								¢	
Meat Co.	ndemn	ed					Wei	ight in lb	s.
3	pig Ca	rcases,	Fevered				•••	89	
1	,,	,,	Pneumo	onia				32	
l	,,	,,	Jaundic	e				60	
1	calf	,,	Immatu	ire				30	
							-		
							_	211	
O	rgans:								
	Ca	ttle	•••	•••	•••			762	
	Ca	lves	•••					_	
	Sh	еер	•••	• • •				6	
	Pig	gs						710	
							-	1,478	
							=	1,476	
Ot	ther Fo	ods	•••					3,729	
							. =		
To	otal an	nount (condemn	ed				5,418	

^{= 2} tons, 8 cwts. 1 qr. 14 lbs.

Carcases Slaughtered and Examined

	Cattle excluding Cows	Cows	Cow/ Heifers	Calves	Sheep	Pigs
1962 Number killed	551	1	206	19	1988	2538
1963 Number killed	481	3	280	11	1771	2580
Number Inspected	481	3	280	11	1771	2580
Diseases except Tuberculosis						
Whole carcases condemned	_	_	_	1	_	5
Carcases of which some part or organ was condemned	31	1	24	_	2	119
Percentage of the number inspected affected with disease other than Tuberculosis	6.4	33.3	8.6	9.1	.1	4.8
Tuberculosis only Whole carcases condemned			_	_	_	_
Carcases of which some part or organ was condemned	1	_	_	_	_	37
Percentage of the number inspected affected with Tuberculosis	.2	_	_		_	1.4
Cysticercus Bovis						
Carcases of which some part or organ was condemned	2	_	_	_	_	_
Submitted to refrigeration	1	_	_	_	_	_
Generalised & totally condemned	_	_	_	_	_	_

I am, ladies and gentlemen,
Your obedient servant,
H. BIRCHWOOD,
Senior Public Health Inspector.



